



Information sheet for referrers (for referral agents only)

What is Good Food Delivered?

Good Food Delivered is a partnership between Airfield Estate, Making Connections and the HSE to deliver high quality, nutritious meals to clients referred by clinicians/PHNs working in CHO6 Area 1 & Area 2.

Who are Making Connections?

Local charity Making Connections has been providing Befriending and Supports for older people in Dublin South since 2009. Their volunteers deliver the meals. All are trained, Garda vetted, reference checked and supported.

Who is Airfield Estate?

Airfield Estate is a charitable trust set up in 1974 by the Overend sisters. Located on a 38 acre working farm in Dundrum, Airfield teaches about food, farming and the environment and supplies the onsite restaurant and the weekly Farmer's Market with food produced on the farm. They also conduct peer reviewed research about food and the consumer. Airfield produces the meals for Good Food Delivered.

How it works

The service will operate 48 weeks of the year with 2 week break in Aug. and 2 week break at Christmas/early Jan.

Making Connection volunteer drivers deliver meals on Mondays (2 meals) Wednesdays (2 Meals) and Fridays (3 meals) to cover 7 days meals each week. There will be no deliveries on Bank Holidays- instead there will be a delivery on Tuesday (3 meals) and Friday (3 meals).

Clients state how many meals they require and on which delivery days on the referral form. Clients can select up to 7 meals over the three delivery days.

Making Connections will be in touch with clients to confirm orders on an ongoing basis.

Please note that orders are placed for 2 weeks at a time. Orders must be received by Making Connections on the Friday for delivery the following Monday week.

Meals

The meals consist of a main course and a dessert. They are chilled and will need to be refrigerated on arrival. Main courses need to be heated in advance of use. **This needs to be considered as it may not suit some clients due to mobility or safety issues.**

Cost of meals and method of payment

The HSE provides part funding to the food supplier Airfield Estate for the meals. To cover the full cost of the meals there is a client contribution of €3 per meal.

Airfield Estate will issue an invoice to the client for meals at the end of every month via email. The €3 per meal should be paid by the client/family to Airfield Estate via electronic transfer or credit/debit card on a monthly basis. Cash cannot be accepted. **These criteria will need to be discussed with the client at referral stage as it may not suit all clients.**

Who is eligible for Meals service?

The client should be over 65 years of age and reside in the catchment area of CHO6 Area 1 or Area 2. Clients should be clinically assessed as requiring a meal delivery service and willing to contribute €3 per meal monthly to Airfield Estate via credit card or EFT. Clients need to be in a position to store the food in their fridge and heat it in advance of use or have someone who is available to that for them.

How do I make a Referral for Meal service?

Referrals can be made by clinicians working in any of the HSE primary care centres located in CHO6 Area 1 & Area 2. Referral forms are available from your local Older Persons Services office in Tivoli Road or Vergemount Hall, Clonskeagh or from Making Connections. Please email info@makingconnections.ie or phone 01 2951053 to request a referral form. All referral forms when completed should be submitted by email to info@makingconnections.ie

What happens after referral is made and how long does it take?

Making Connections will acknowledge receipt of referral to the referrer and client.

Making Connections will contact the family/client to explain how the service works, to gain understanding of needs of client and to clarify any questions.

Making Connections will communicate client dietary requirements, start date and any other relevant information to Airfield Estate who supply the meals.

A volunteer driver from Making Connections will deliver the meal to the client up to 3 times a week depending on how many meals they wish to avail of.

How long will the Meals service last for the client?

Each referral is subject to regular review by Making Connections in consultation with the referrer.

What the client needs to do

The client will discuss the referral with the clinician and provide the relevant information to include on the referral form.

The client will give consent to apply for the service and the sharing of their information as necessary for the provision of the service.

Agree to pay a contribution of €3 per meal on a monthly invoice basis to Airfield Estate paid via electronic transfer of credit/debit card. Cash cannot be used to pay for the service.

Clients should inform Making Connections 2 weeks in advance if they do not require the service for any reason such as going on holidays, staying with relatives, planned hospital or respite admission. An emergency hospital admission is the only exception.

Clients should also give Making Connections minimum of 2 weeks' notice if they wish to cease the service.